

# info you need to know

## Changes to OTC Reimbursements

Effective January 1, 2011, OTC drugs and medicines are no longer eligible for reimbursement without a prescription from the attending provider. This includes OTC items like: digestive aids, allergy drugs, pain relief, cold and cough medicines, sleep aids, anti-gas meds, baby rash creams, and insect bite treatments.

Items like eyeglasses, wrist splints and band aids, as well as durable medical items such as crutches and canes will continue to be reimbursed without a doctor's prescription. **Items that require a doctor's prescription may not be purchased using the myFBMC Card®** because the approval systems cannot determine if there is a doctor's note on file with administrators. However, non-medicinal OTC, as well as regular prescriptions, will still be available for purchase with the card.

If you wish to continue purchasing and submitting claims for tax-free OTCs you must obtain a doctor's prescription for the items you want reimbursed.

For more information, visit the FBMC website at [www.myFBMC.com](http://www.myFBMC.com), or contact Customer Care.



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Premier Benefits Solutions

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## Over-the-Counter Category Listings - 2011

	Prescription Needed if for:	No Prescription Needed if for:
Baby Care	Baby Electrolytes, Diaper Rash Ointment, Teething Lotions	Baby Thermometers, Medicine Delivery Items (Spoons, Syringes)
Cold & Allergy	Cough Syrup/Drops, Throat Lozenges, Flu Remedies, Allergy Tablets, Cold Prevention Remedies	Nasal Aspirators, Ear Syringes
Diabetes Care	Diabetic Cold Medicines	Insulin, Diabetic Testing Supplies, Delivery, Mechanisms (Syringes)
Digestive Health	Antacids, Laxatives, Acid Control, Anti-Diarrheal, Anti-Gas, Hemorrhoid Treatment	
Eye/Ear Care	Medicated Eye Drops (Anti Itch/Redness), Earache Drops	Contact Lens Solution, Contact Lens Cases, Natural Tears, Ear Wax Candles, Ear Syringes, Eye Glass Nose Pads, Magnifier Readers
Family Planning	Sponges, Foams and Jellies, Spermicides	Pregnancy Tests, Fertility Tests, Ovulation Kits
Feminine Care	Antifungal Products, Anti-Itch, Douches	Feminine Wipes, Lubricating Products
First Aid	Hydrocortisones, Anti-Infection Ointments, Antibiotic Products, Antiseptics Anti-Itch	First Aid Kits, Band Aids, Dressings, Rubbing Alcohol
Foot Care	Corn/Callous Removers, Antifungal, Wart Removers	Foot Cushions (Corns and Calluses, Bunions)
Hair Care	Lice Treatments	
Home Health Care		Thermometers, Stethoscopes, Splints, Ostomy Pads
Homeopathic Kits & Single Remedies	For All Under This Category	
Oral Care	Pain Relief (Sores, Tooth Aches), Dry Mouth Products	Denture Supplies (Cleaning, Adhesives), Dental Guards
Pain Relief	Aspirins, Feminine Pain Relief, Acetaminophen, Ibuprofen, Anti-Inflammatory, Muscle/Joint Pain Relief, (Gels), Sleep-Aids, Motion Sickness	Heat Patches, Icy Patches, Motion Sickness Wrist Bands
Skin Care	Acne Creams/Soaps/Cleansers, Styptic Pencils, Therapeutic Creams/Ointments	Sterile Cotton Balls
Smoking Deterrents	Nicotine Patches/Gum/Lozenges	Aqua Filters
Sun Care	Burn Relief, After-Sun Products	
Trial/Travel Sizes	See Individual/Specific Categories	
Vitamins/Dietary Supplements	Prenatal Vitamins, Glucosamine and/or Chondroitin	
Weight Control/ Nutritional Foods	Diuretics	

 = Not Applicable